

## Online Events Schedule - June



### **Meditation and Mindfulness 6 Week Series**

Every Monday at 11am from 3rd June to 8 July

We welcome back the six week course of Mindfulness and Meditation led by members of Sheffield u3a Mindful Ageing Group John, Mike and Ruth.

### **Taking revenge: Artemisia Gentileschi's Quest for Justice**

Tuesday 4 June at 10am  
Catherine Stevenson of Newcastle u3a presents the second in the series National Gallery Treasures to Celebrate its 200th anniversary.



Geoffrey de Havilland (1882-1955)

### **Flight Inspirations Aviation Group Meeting: Sir Geoffrey de Havilland**

Tuesday 4 June at 10am

Alistair Hodgson will give a presentation on the accomplishments of Sir Geoffrey de Havilland and their enduring legacy in the field of aviation

### **AI Chatbots, asking the right questions**

Wednesday 5 June at 10am

In this event we will explore how to get the most meaningful answers from Microsoft's Copilot.



### **Making plans for the future from home, for free - with James Norris, Founder of My Wishes.**

Wednesday 5 June at 2pm

If something unexpected happens tomorrow or at some point in the future, how prepared are you?

### **Help Us Remember with the War Memorials Register**

Friday 7 June at 2pm

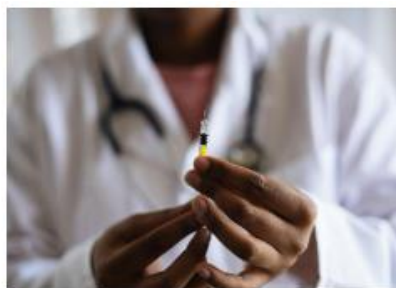
Callum Brogan, the Imperial War Museum, will be introducing the War Memorials Register and explaining how you can help record the unique historical details of the UK's war memorials.



### **Vaccines**

Wednesday 12 June at 10am

Vaccines - who discovered them (was it really Edward Jenner), how do they work and what have we learned from covid vaccines? by Dr Mike Trevethick of Thanet u3a



### **London 2012 - A Game Maker's Story**

Friday 14 June at 2pm

Join us to hear Elaine's story of her time as a Games Maker at the 2012 London Olympics.



### **Olympia via Much Wenlock to the World**



### **The Olympics: From Olympia, via Much Wenlock to the World**

Thursday 20 June at 2pm

Learn about the journey from ancient Olympia (776 BCE) via Much Wenlock (1850) and Athens (1896), to the 33rd Olympiad in Paris in 2024.

### **Artificial Intelligence News: June**

Friday 21 June at 9.30am

Are you interested in learning about AI? This AI News session will be on People-centred AI.



### **Celestial marvels: Demystifying the Cosmos**

Wednesday 26 June at 11.30am

Embark on a celestial journey with Catherine Stevenson of Newcastle u3a and others as we explore the wonders of the universe.



### **Darkness on the Edge of Town: Bruce Springsteen and the American dream**

Thursday 27 June at 2pm

This is the last of a series of talks illustrating how the creative arts can enhance our wellbeing.